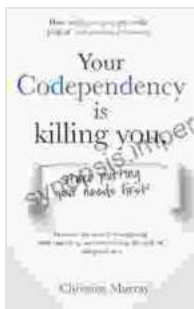


Your Codependency Is Killing You: How To Get On The Path Of Codependency Recovery

Are you tired of feeling like you're always putting others' needs before your own?

Do you find yourself constantly sacrificing your own happiness to make others happy?



Your Codependency is Killing You | How to get on the path of Codependency Recovery: Steps to recognizing, understanding, and overcoming the cycle of codependency by Destiny S. Harris

★★★★☆ 4.7 out of 5

Language : English
File size : 1039 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 118 pages
Lending : Enabled



If so, you may be codependent.

Codependency is a serious problem that can lead to a number of negative consequences, including:

- Relationship problems

- Depression
- Anxiety
- Alcohol and drug abuse
- Eating disorders
- Self-harm

If you think you may be codependent, it's important to seek help. This book can help you to understand codependency and how to recover from it.

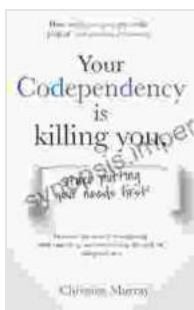
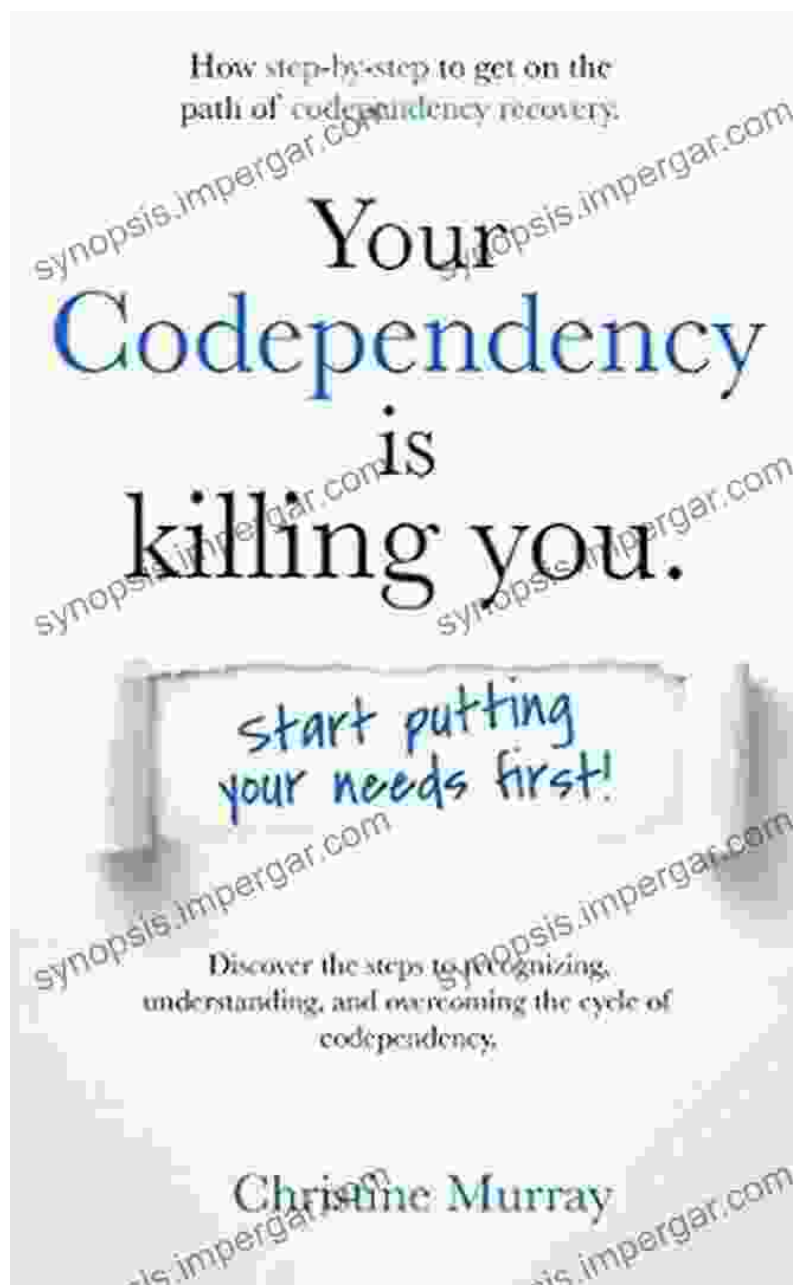
In this book, you will learn:

- What codependency is
- The signs and symptoms of codependency
- The causes of codependency
- How to recover from codependency

With the help of this book, you can start on the path to codependency recovery and live a happier, healthier life.

Don't wait any longer. Free Download your copy of Your Codependency Is Killing You today.

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