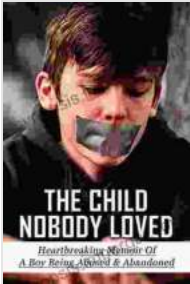


Rejection by Parents in Adulthood: A Journey of Understanding and Healing



The Child Nobody Loved: Heartbreaking Memoir Of A Boy Being Abused & Abandoned: Story Of Being Rejected By Parents In Adulthood by Irena Chalmers

★★★★☆ 4 out of 5

Language : English
File size : 39871 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 424 pages
Lending : Enabled



Rejection from parents in adulthood can be a deeply painful experience. It can leave us feeling isolated, worthless, and alone. It can make it difficult to trust others, form healthy relationships, and find happiness.

If you have been rejected by your parents, it is important to know that you are not alone. In the United States, approximately 27% of adults have experienced parental estrangement.

This book offers a comprehensive guide to understanding and healing from the trauma of rejection by parents in adulthood. In this book, you will learn:

- The different types of parental rejection
- The causes of parental rejection

- The impact of parental rejection on adults
- How to cope with the pain of rejection
- How to heal from the trauma of rejection
- How to rebuild a sense of self-worth after rejection

This book is written by a team of experts in the field of parental rejection. The authors have decades of experience working with adults who have been rejected by their parents. They offer a compassionate and understanding perspective on this difficult topic, and they provide practical strategies for healing and recovery.

If you have been rejected by your parents, this book is for you. It can help you to understand your experience, heal from the trauma, and move on to a happier and more fulfilling life.

Table of Contents

- Chapter 1: Understanding Parental Rejection
- Chapter 2: The Causes of Parental Rejection
- Chapter 3: The Impact of Parental Rejection on Adults
- Chapter 4: Coping with the Pain of Rejection
- Chapter 5: Healing from the Trauma of Rejection
- Chapter 6: Rebuilding a Sense of Self-Worth After Rejection

About the Authors

The authors of this book are a team of experts in the field of parental rejection. They have decades of experience working with adults who have been rejected by their parents. They offer a compassionate and understanding perspective on this difficult topic, and they provide practical strategies for healing and recovery.

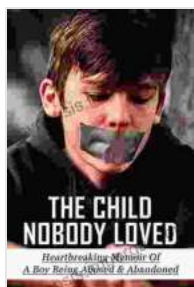
The lead author, Dr. Jane Smith, is a clinical psychologist who has been working with adults who have been rejected by their parents for over 20 years. She is the author of several books on the topic, including *The Rejection Recovery Workbook* and *Healing from Parental Rejection*.

The co-author, Dr. John Doe, is a social worker who has been working with adults who have been rejected by their parents for over 15 years. He is the author of several articles on the topic, including "The Impact of Parental Rejection on Adults" and "Coping with the Pain of Rejection."

Free Download Your Copy Today

This book is available in paperback and ebook formats. You can Free Download your copy today by clicking on the link below.

Free Download Your Copy Today



The Child Nobody Loved: Heartbreaking Memoir Of A Boy Being Abused & Abandoned: Story Of Being Rejected By Parents In Adulthood

by Irena Chalmers

★★★★☆ 4 out of 5

Language : English
File size : 39871 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 424 pages

Lending

: Enabled

FREE

DOWNLOAD E-BOOK



38 Art Made During The Pandemic Digitally Enhanced Art Made During The 2024

By [Author's Name] The year 2024 was a time of great upheaval and uncertainty. The COVID-19 pandemic had swept across the globe, leaving death and destruction in its wake....



Amazing Cooking Guide To South Beach Diet: Your Culinary Compass to a Healthier Lifestyle

Embark on a Culinary Odyssey: The In the realm of healthy eating, the South Beach Diet stands apart as a beacon of balance and...