

Playing To Win: Becoming The Champion

The Ultimate Guide to Success in Sports and Business



Playing to Win: Becoming the Champion by David Sirlin

★★★★☆ 4.6 out of 5

Language : English

File size : 217 KB



Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 144 pages
Lending : Enabled



Playing To Win is the definitive guide to success in sports and business. Based on the principles of legendary coach Phil Jackson, this book will help you develop the mindset and skills you need to achieve your goals.

Phil Jackson is one of the most successful coaches in NBA history. He has won 11 NBA championships with the Chicago Bulls and Los Angeles Lakers. In Playing To Win, Jackson shares his secrets for success, both on and off the court.

Playing To Win is divided into three parts:

1. **The Mindset of a Champion**
2. **The Skills of a Champion**
3. **The Path to Success**

In the first part, Jackson discusses the importance of having a positive mindset. He believes that champions are made, not born. They have a belief in themselves and their ability to achieve their goals. Jackson also emphasizes the importance of setting goals and working hard to achieve them.

In the second part, Jackson discusses the skills that champions need to succeed. These skills include leadership, teamwork, communication, and execution. Jackson provides specific examples of how these skills can be used to achieve success in sports and business.

In the third part, Jackson discusses the path to success. He believes that success is a journey, not a destination. It takes hard work, dedication, and perseverance to achieve your goals. Jackson also emphasizes the importance of having a support system of family, friends, and mentors.

Playing To Win is a must-read for anyone who wants to achieve success in sports or business. It is full of practical advice and insights that can help you reach your full potential.

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