

Killing Deadly Viruses and Bacteria with Homemade Hand Sanitizer

In the wake of the COVID-19 pandemic, it has become more important than ever to keep our hands clean and disinfected. Hand sanitizer is an essential tool for preventing the spread of germs, but commercial hand sanitizers can be expensive and harsh on the skin.

Fortunately, you can make your own homemade hand sanitizer that is just as effective as commercial brands, but much more affordable and gentle on your skin. Here's what you need:

- 2/3 cup rubbing alcohol (70% isopropyl alcohol)
- 1/3 cup aloe vera gel
- 10 drops of essential oil (optional)

Instructions:



Making Your Own Hand Sanitizer: Killing Deadly Viruses and Bacteria with Homemade Hand Sanitizer

by Deontae Henderson

★★★★☆ 4.1 out of 5

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1. Pour the rubbing alcohol and aloe vera gel into a clean glass jar.
2. Add the essential oil, if desired.
3. Stir until well combined.
4. Pour the hand sanitizer into a clean travel-size bottle.

To use, simply apply a small amount to your hands and rub until dry.

The rubbing alcohol in this recipe kills 99.9% of germs, while the aloe vera gel helps to soothe and moisturize the skin. The essential oil adds a pleasant scent, but it is optional.

You can also add other ingredients to your homemade hand sanitizer, such as glycerin or vitamin E oil, to further moisturize your skin. However, it is important to note that adding too many ingredients can make the hand sanitizer less effective.

If you have any concerns about making or using homemade hand sanitizer, please consult with a medical professional.

Tips for using homemade hand sanitizer:

- Apply hand sanitizer frequently, especially after touching surfaces that may be contaminated with germs.
- Rub the hand sanitizer all over your hands, including the backs of your hands, between your fingers, and under your nails.

- Allow the hand sanitizer to dry completely before touching anything else.
- Do not use homemade hand sanitizer on open wounds or broken skin.
- Keep homemade hand sanitizer out of reach of children.

Benefits of using homemade hand sanitizer:

- **Affordable:** Homemade hand sanitizer is much more affordable than commercial brands.
- **Gentle on the skin:** Homemade hand sanitizer is made with natural ingredients that are gentle on the skin, even for people with sensitive skin.
- **Effective:** Homemade hand sanitizer is just as effective as commercial brands at killing germs.

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Making your own homemade hand sanitizer is a great way to save money, protect your skin, and keep your hands germ-free. With just a few simple ingredients, you can make a hand sanitizer that is just as effective as commercial brands, but much more affordable and gentle on your skin.



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