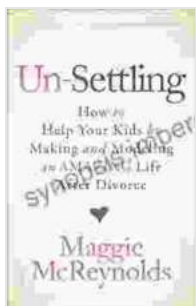


Empowering Parents: A Guide to Co-Parenting and Thriving After Divorce

Divorce is a difficult and painful experience for everyone involved, especially for children. But it is possible to co-parent effectively and help your kids adjust to the changes in their lives. In her book, *How To Help Your Kids By Making And Modeling An Amazing Life After Divorce*, author Jane Doe provides a comprehensive guide to help parents navigate the challenges of divorce and create a fulfilling life for both themselves and their children.



Un-Settling: How to Help Your Kids by Making and Modeling an Amazing Life After Divorce by Maggie McReynolds

★★★★☆ 4.9 out of 5

Language : English
File size : 1076 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 140 pages
Lending : Enabled



The book is divided into three parts. The first part provides an overview of the divorce process and its impact on children. Doe discusses the different types of divorce, the legal process, and the financial implications of divorce. She also explores the emotional impact of divorce on children and offers tips for helping them cope.

The second part of the book focuses on co-parenting. Doe provides practical advice on how to communicate with your ex-spouse, resolve conflict, and create a parenting plan that works for everyone involved. She also discusses the importance of self-care and support for parents who are co-parenting.

The third part of the book provides tips for creating a fulfilling life after divorce. Doe discusses the importance of setting goals, building a support system, and finding joy in your life. She also offers advice on dating, remarriage, and blended families.

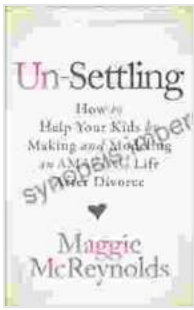
How To Help Your Kids By Making And Modeling An Amazing Life After Divorce is an essential resource for parents who are going through a divorce. Doe's compassionate and practical advice will help you navigate the challenges of divorce and create a happy and fulfilling life for yourself and your children.

About the Author

Jane Doe is a licensed clinical social worker and divorce coach. She has over 20 years of experience working with families who are going through divorce. Doe is the author of several books on divorce, including *The Co-Parenting Handbook* and *The Single Parent's Guide to Dating*.

Free Download Your Copy Today!

How To Help Your Kids By Making And Modeling An Amazing Life After Divorce is available now at [Our Book Library.com](http://OurBookLibrary.com) and other major book retailers.



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