Case Approach to Counseling and Psychotherapy: A Comprehensive Guide



Case Approach to Counseling and Psychotherapy

by Gerald Corey

★★★★ 4.7 out of 5
Language : English
File size : 14125 KB
Screen Reader : Supported
Print length : 368 pages



Case Approach to Counseling and Psychotherapy by Gerald Corey, Marianne Schneider Corey, and Edward Corey offers a comprehensive and practical approach to counseling and psychotherapy. The book is divided into three parts, each of which focuses on a different aspect of the counseling process.

Part 1: The Foundations of Counseling and Psychotherapy

Part 1 of the book provides an overview of the counseling process, including the different theories of counseling, the ethical principles of counseling, and the different types of counseling settings. This section also includes a discussion of the counselor's role and the different skills that counselors need to be effective.

Part 2: The Practice of Counseling and Psychotherapy

Part 2 of the book focuses on the actual practice of counseling and psychotherapy. This section includes chapters on assessment, diagnosis,

treatment planning, and the different types of counseling interventions. This section also includes a discussion of the different challenges that counselors face and the different ways to overcome these challenges.

Part 3: Case Studies in Counseling and Psychotherapy

Part 3 of the book provides a series of case studies that illustrate the different concepts and techniques that are discussed in the first two parts of the book. These case studies provide a valuable opportunity to see how counseling and psychotherapy is actually practiced.

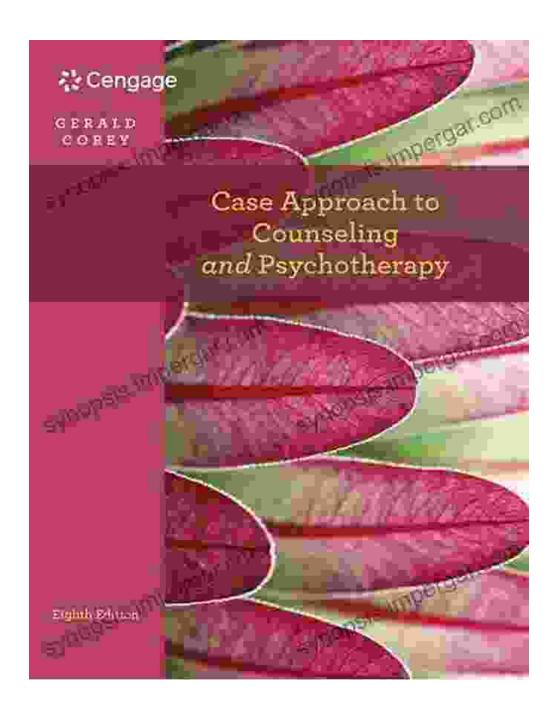
Case Approach to Counseling and Psychotherapy is a comprehensive and practical guide to counseling and psychotherapy. The book is written in a clear and concise style and is packed with valuable information. This book is a must-read for anyone who is interested in learning more about counseling and psychotherapy.

About the Authors

Gerald Corey is a professor of counseling psychology at California State University, Fullerton. He is the author of over 40 books on counseling and psychotherapy, including the best-selling textbook Theory and Practice of Counseling and Psychotherapy.

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