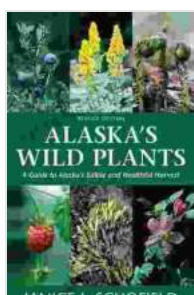


Alaska Wild Plants: A Complete Guide to Harvesting, Using, and Enjoying the Wild Edibles of Alaska

Revised Edition

By Tamara C. Anderson

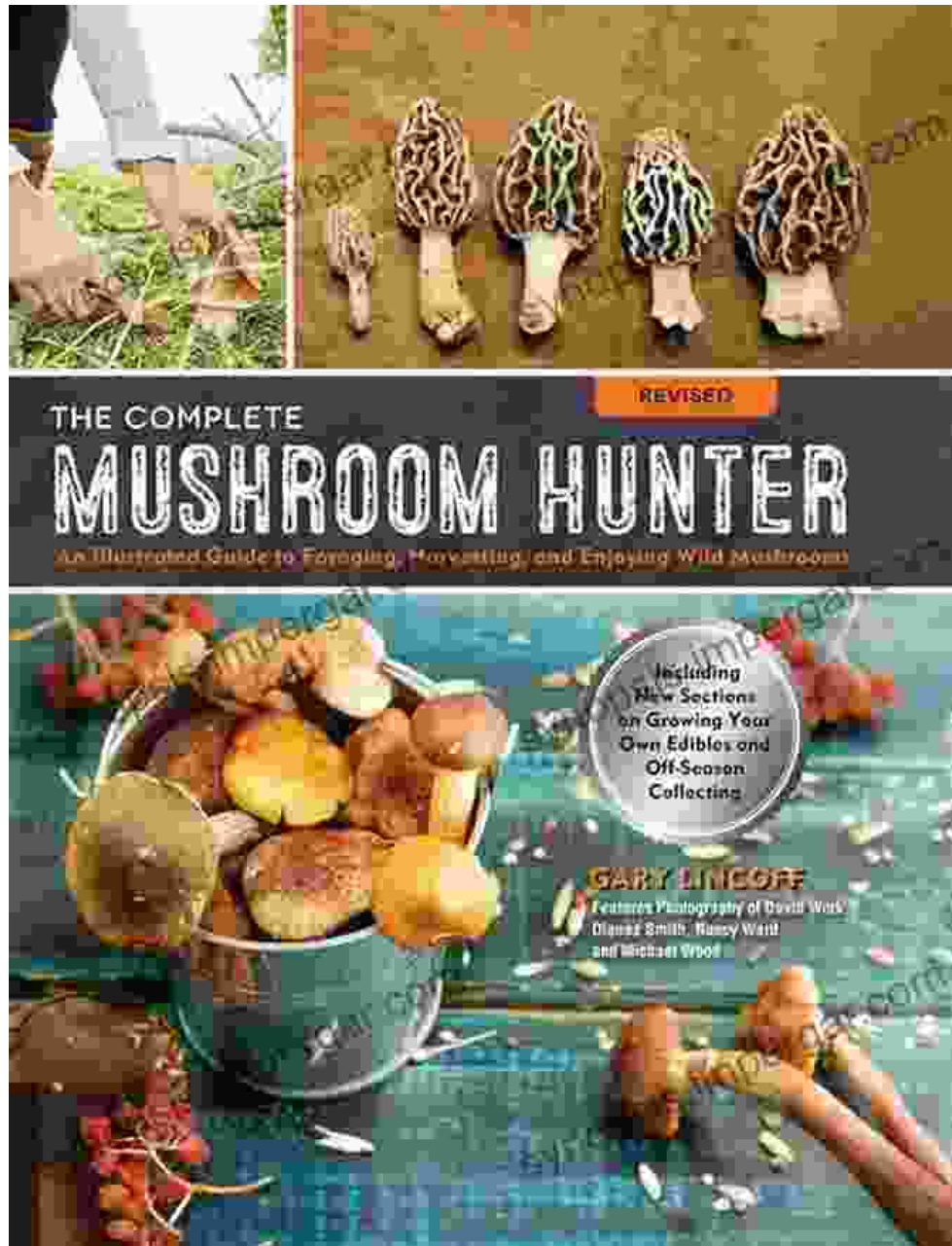


Alaska's Wild Plants, Revised Edition: A Guide to Alaska's Edible and Healthful Harvest by Janice J. Schofield

★★★★☆ 4.9 out of 5

Language : English
File size : 37584 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 200 pages





Alaska is home to a vast array of wild plants that can be harvested for food, medicine, and other uses. This revised edition of Alaska Wild Plants is a comprehensive guide to harvesting, using, and enjoying the wild edibles of Alaska. This book includes:

- Detailed descriptions of over 100 wild plants, including their nutritional value and medicinal properties

- Instructions on how to harvest and prepare wild plants
- Recipes for using wild plants in a variety of dishes
- Beautiful photographs of wild plants in their natural habitat

Whether you're a seasoned forager or just starting out, Alaska Wild Plants is the perfect guide to help you discover the wild edibles of Alaska.

Reviews

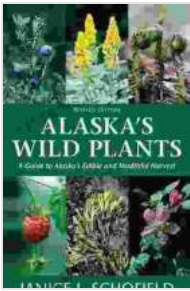
"Alaska Wild Plants is a must-have for anyone interested in foraging in Alaska. This book is packed with information on how to identify, harvest, and prepare wild plants. It's also beautifully illustrated with photographs of wild plants in their natural habitat." - **The Alaska Dispatch News**

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